



High Risk Medication Counseling: Fluorouracil

Efudex/Carac

5-Fluorouracil Counseling: Risks of 5-fluorouracil include but are not limited to erythema, scaling, itching, weeping, crusting, and pain. If flu-like symptoms develop, discontinue the medication and contact our office. Do not use the cream on open sores.

Usage Instructions:

- Apply a thin layer of the prescription medication cream to _____.
The medication should be applied to the complete area, NOT just the spots. Wash hands thoroughly with soap and water after applying.
- Use the medication _____ a day to the area until the skin becomes red, or scaly, or irritated/tender. Apply no longer than _____ days. It is different for each person and may only take a few days for a reaction to occur. **STOP** with the above reaction!
- Once you have completed the medication, begin using over the counter 1% Hydrocortisone cream, like Cortizone-10, twice a day to the treated area. This will help with the healing process and relieve redness. *Patients that complete this step have best results
- During the treatment, you may wash your face as normal with soap and water, but DO NOT wash your face for 3 hours after application of the medication. Makeup is permitted throughout the entire treatment period, but you must wait 30 minutes after application before applying makeup directly to the treated area.

Precautions:

1. Once the skin is red, or scaly, or irritated/tender **STOP** using the medication. If your skin hurts or is intensely red, you have used the medicine too long. For excessive reactions or concerns of infection or allergic reaction, contact our office at (205) 853-3960 and talk to a nurse for evaluation.
2. DO NOT allow pets to eat or lick products.
3. **AVOID sun exposure to the treated area while using the medication! Your skin will burn much easier than it normally would.**