



INTERTRIGO

Intertrigo occurs most often in warm, moist areas of the body, allowing yeast to overgrow. It is important to keep the affected area as dry as possible. After bathing, dry all skin folds well. If you have difficulty drying skin folds, using a hair dryer (low with no heat) may be helpful.

Over the Counter

1% Clotrimazole cream and 1% Hydrocortisone cream: apply twice a day, rub in until dry, to affected area when rash is present, then dust with Zeasorb AF powder. Once the rash is resolved, discontinue the topical cream but continue use of the Zeasorb AF powder 2-3 times a day to prevent recurrence.

Prescription

Apply _____ to the affected area twice a day, rub in until dry, and dust with Zeasorb AF powder when rash is present. Once rash is resolved, discontinue use of the prescription cream and continue use of the Zeasorb AF powder 2-3 times a day to prevent recurrence.